

# Meet the **Board Members**

## San Luis Obispo Mothers for Peace

**Liz Apfelberg,  
Treasurer and Spokesperson**



Elizabeth (Liz) immediately became involved with Mothers for Peace when she moved to San Luis Obispo in 1971 with her husband and two children. She was an original intervenor in the licensing procedures opposing Diablo Canyon Nuclear Power Plant operation. She acted as MFP lay attorney before the Atomic Energy Commission (now Nuclear Regulatory Commission) from 1973-1976. Liz has served as President of

the San Luis Obispo Mothers for Peace and is currently the treasurer and one of its spokespersons.

Liz received a BS in Biology from the City College of New York and an MS in Education from Cal Poly. She is a retired high school and middle school teacher of biology, science, and math.

Liz is also a member of AAUW (American Association of University Women) working on Equity Issues and other concerns important to women. She served as Public Policy chair and as a Co-President. In addition, she served two terms as a commissioner on the San Luis Obispo Commission on the Status of Women (as well as two terms as Chair of the Commission) and two terms on the Board of the Tri Counties (SLO, SB and Ventura) Planned Parenthood. She also serves as Secretary and member of the Central Committee of the San Luis Obispo Green Party. She is a proud life member of the Women's International League for Peace and Freedom.

Liz continues her long, active membership with the San Luis Obispo Mothers for Peace which she considers the “most wonderful group of supportive women, committed and educated on the issues. Being well informed enables us to educate others and be effective as intervenors.”

She cherishes her two “absolutely wonderful granddaughters,” who are both now young adults.

**June Cochran,  
Board Member**



June has a deep desire to educate herself and others in the county on sustainability issues. As a member of the Mothers For Peace Board, her mission is to increase awareness of the dangers of nuclear power to all human beings, all forms of life on the planet, and the environment. Her emphasis is on working with the youth, organizing educational events, and producing informative programs for public access television.

Professionally, June is an Instructional Specialist. She volunteers with Humankind, is a national responder for the American Red Cross, and is a community organizer with SLO County Transition Towns.

June and her husband, Fred Fink, live in Shell Beach and have a daughter and son who both work in the field of medical research.

## Elaine Holder, President



Elaine moved to San Luis Obispo in 1979 and joined the Mothers for Peace in 1981 because of her concerns about nuclear waste and her respect for the help the group gave to young men facing the draft during the Vietnam War. She believes that “the effectiveness of this local group is greatly increased by our collaborative efforts with other intervenor groups nation-wide.”

Among her roles within the group is keeping records of the organization's actions and activities over the decades, from which she has created the forty year *Timeline* posted on the *About Us* web page.

Elaine holds a Ph. D in psychology and was a professor at Cal Poly until her retirement. Elaine was also Secretary of the Board of Directors of Hospice of San Luis Obispo County from 1987-1993. She helped to organize the Interfaith Coalition for the Homeless in 1994 and served as Secretary of the Board of Directors. She served as Secretary of the Steering Committee that was set up to oversee the building of the Prado Day Center. Elaine lost a beloved son in 2010, but she adores her three surviving children, four grandchildren, and three great-granddaughters. Her other interests include genealogy and reading.

## Sherry Lewis, Board Member



Sherry has been a supporter of Mothers for Peace for many years and has more recently become active. She is a member of the Green Party and has been involved in various liberal causes.

Sherry has studied drawing and painting for many years, and at Cuesta College she learned the excitement of creating “protest paintings” which combine her activism with art. Some of the themes in her artwork have been: the Rodney King riots, the first Iraq war, and America’s use of torture.

The hideousness of highly radioactive nuclear waste—lethal for society’s eternity—has kept her focused more recently on the utter insanity of dependence on nuclear energy. But because a positive outlook is necessary for a happy life, Sherry has turned her attention to painting scenes from a 2011 walk she participated in: Peace Walk for a Nuclear Free World. This walk combined her interests in art, activism, Buddhism, Native American (Lakota) spirituality, and Japanese language and culture. (Sherry majored in Japanese in college.)

**Nancy Norwood,  
Meeting Facilitator**



Nancy and her family moved to San Luis Obispo in 1977. At the time, her sons were very young. "I immediately became involved with the Mothers for Peace. We had vacationed in the area many times, and I was concerned about the plans to build a nuclear power plant on the Central Coast. I was very glad to find a group working enthusiastically and knowledgeably in their role as legal intervenors."

Nancy is at present a member of the Board and facilitator of meetings of the group. She is retired from a career of social work with developmentally disabled adults. In that role, she has been closely involved over the years with the County Office of Emergency Planning.

**Linda Seeley,  
Vice-President**



Linda Seeley has been a member of the Board of Directors since 2008 and a member of the Mothers for Peace since moving to San Luis Obispo in 1982. She is active in the environmental community in several capacities, seeing the need for mutual support and communication among many groups who share the vision of a sustainable future for SLO County.

"The most deadly legacy of our time is the nuclear waste that we are leaving for the future generations," Linda asserts. "We must find a way to stop making this lethal substance, and that means shutting down nuclear power plants."

Linda and her husband, Michael Wollman, have three grown children and three grandsons. Linda is a retired nurse-midwife who has delivered many babies in San Luis Obispo County. She serves on the Executive Committee of the San Lucia Sierra Club and on the Board of Directors of the Terra Foundation. She is an advanced facilitator of the *Work that Reconnects*, group work developed by Joanna Macy, PhD.

**Jane Swanson, Spokesperson**



Jane has been an active member of the San Luis Obispo Mothers for Peace since the group formed in 1969. She currently serves as a spokesperson. "This is an amazing, all volunteer, local non-profit," Jane explains. "Only because we live in proximity to the Diablo Canyon Nuclear Plant do we have the legal standing to demand that the NRC protect public safety instead of corporate profits."

Jane and her husband enjoy two adult children and seven grandchildren. Jane is a retired elementary school teacher and a performing musician.

**Jill ZamEk, Secretary and  
Oversight Treasury Officer**



Jill has lived in San Luis Obispo County since 1976 and joined the Mothers for Peace in 1982. She “appreciates working with like-minded people who are dedicated to improving the health of our planet and the conditions of its living beings.”

Jill's husband and two adult children give her great joy. She also enjoys hiking, wildlife, gardening, literature, art, and traveling. Jill currently teaches at a local elementary school.